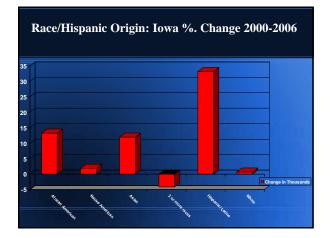
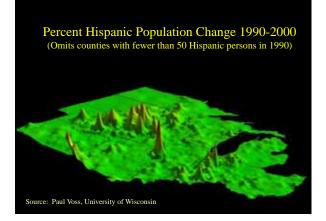
Empowerment of Latino Immigrants through Farming: A Community Capitals Approach



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Agricultural aspirations





The COMIDA project



"Start your own diversified farm"

- The survey market
- Forming a cooperative
- Latino leader
- Mapping contribution and relationships among the actors

County of Marshall Investing in Diversified Agriculture (COMIDA)

Collaborators:

- Marshalltown Community College Entrepreneurial and Diversified Agriculture
 ISU Extension and Sociology Extension
 GPSA students
 National Center for
- Appropriate Technology (NCAT)
- Marshalltown Chamber of Commerce



Key elements in place in Marshall County

Many farmers and resources to grow new farmers

- Farmers' market
- Lots of independently owned food businesses; several with interests in local foods (Survey)
- Marshalltown Chamber "Target 5 Buy in" campaign to encourage local sourcing
- Local culture of interagency collaboration (example: Community plan for another possible ICE raid)
- Regional Food Systems Working Group (Leopold Center) and Prairie Rivers RC&D as support group
- Emerging intercultural network of farmers and eaters (Slow Foods movement beginnings)



 3 teams are going to sell their products as a cooperative in the Des Moines Farmers Market
 Tomatoes, onion, lettuce, carrots, okra, peppers, squash, cabbage, cucumbe etc.

Curriculum

- 1. Introduction and goal setting
- 2. What resources do we have to work with?
- 3. Marketing planning
- 4. Production overview
- Marketing Implementation and distribution
- 6. Production and plot planning
- 7. Record keeping
- 8. Financing

Instructors

Professionals in collaboration with

experienced farmers: MCC faculty members – ISU Extension

- Iowa Micro-Loan and USDA FSA officials
- Private food business consultant
- Practical Farmers of Iowa staff person
- ISU Graduate Program in Sustainable Agriculture students



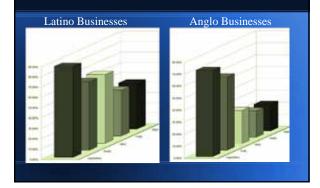
Market Research

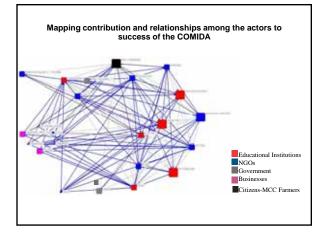


30 interviews (Institutions, Grocery Stores, Restaurants, and others) 9 of the businesses were Latino owned.

The data indicates that there is high interest in buying food from a Marshall County or nearby farmer

WHAT WOULD BUSINESSES LIKE TO BUY?





Expected Outcomes (Systemic Changes)

- Successful Latino farmers and local businesses engaged in local food systems
- Sustained institutional engagement in education and technical services in support of Latino farm families





- Development Farmland Foods ISU Extension -- Sociology, CED, and Crawford County
- New Iowans Center
 Chamber and Development
- Chamber and Development Council of Crawford County



 Installed water hydrant at community gardens site
 Questions added to e.g. application form
 Three training sessions this season
 List of potential participants in the local Famer Market

